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"The future belongs to those who believe in the beauty of their dreams."
Eleanor Roosevelt



13/09/2023
Future Belongs to Whom Believe in Dreams




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Success isn't about how much you accomplish but the obstacles you overcome. As a working woman, I strive to prove that gender is not a limitation but a source of strength."
Michelle Obama




13/09/2023
Embrace the impossible, ladies



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"There is no force more powerful than a woman determined to rise. As working women, we break barriers, defy expectations, and create our own opportunities."
Sheryl Sandberg



13/09/2023
No Force More Powerful Than A Woman Determined to Rise.



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"Each time a woman stands up for herself, without knowing it possibly, without claiming it, she stands up for all women."
Maya Angelo




13/09/2023
Stand for All Women



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"I have learned that as long as I hold fast to my beliefs and values, and follow my own moral compass, then the only expectations I need to live up to are my own."
Michelle Obama



13/09/2023
Live to Your Own Expectations.



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"I choose to make the rest of my life the best of my life."
Louise Hay



13/09/2023
I Can Choose the Best

*Get Motivated with
Our **INTERNISA**
Platform*



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INTERNISA At A Glance

INTERNISA aims to bridge the digital gender gap and provide marketable digital skills in Mediterranean territories by developing a network and a portal that brings closer the demand and supply of the labour market, providing women with digital skills, and delivering professional training in the agri-food, financial, textile, and tourism sectors



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News and Events

INTERNISA in Greece organized a workshop for policy makers about gender gap in the labour market

The Region of Central Macedonia (RCM), lead beneficiary of INTERNISA, has organized and implemented a major 2-days workshop entitled **Expanding the Participation of Policy Makers in the INTERNISA Project** on the sideline of the **“WOMEN IN DIGITAL FESTIVAL** workshop

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INTERNISA in Greece participated at the “16th Innovation & Development Conference”

The Region of Central Macedonia (RCM), lead beneficiary of INTERNISA, promoted the

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INTERNISA: Al Balqa Applied university looks for synergies related to digital skills and innovation transfer

Al-Balqa Applied University, the Jordanian partner of INTERNISA participated in the workshop, giving an overview of the nature of INTERNISA project, its objectives and the partners working

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INTERNISA in Greece has now 2 training centers to support women find a job

INTERNISA partners visited Action Aid Hellas headquarter located in Athens. They got introduced to the role and history of the

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INTERNISA in Palestine trained 60 women in digital skills

ActionAid Palestine (AAP), the Palestinian partner of INTERNISA, celebrated the graduation of 60 women who took part in the specialized digital training on digitizing the

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INTERNISA in Spain promotes women labour integration focusing on digitization

On the 31 March 2023, the Federación Andaluza de Municipios y Provincias (FAMP) - the Spanish partner of INTERNISA project - held a public event to present a memorandum collecting

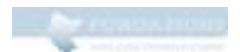
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INTERNISA in Italy trained 100 young women on digital skills

Within the series of capacity-building training held by the INTERNISA project, the Italian partner, Arezzo Innovazione, organized three

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INTERNISA in Spain provided training in e-tourism

The Catalan Youth Agency (CYA) trained a total of **50 young people and 30 companies in e-tourism** within the framework of INTERNISA, with the aim to improve

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INTERNISA in Lebanon provided training on digital skills for 36 SMEs in the agri-food sector

Within the series of capacity-building training conceived by INTERNISA project, the Lebanese partner, the Chamber of Commerce, Industry and

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INTERNISA in Tunisia launched digital training to support women

SQLI, the Tunisian partner of the INTERNISA, has launched the training spot for supporting digital training for Tunisian women. Tunisia

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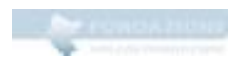
INTERNISA in Palestine: testimony from a tourist guide acquiring digital skill



INTERNISA in Greece organized a 2-Day workshop for Vocational and Education Training organizations



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DIGITALIZING WOMEN

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